







Aim:

To develop confidence in our own abilities, take part in team building activities and understand how to contribute to the team. To learn some basic bushcraft and survival skills. To have a great time and have experiences that develop our group experience.

Adult requirements:

School Adults - 1-10 Leighton Adults - 1-15

Success Criteria:

- I can talk about myself and my contribution in a positive
- I can talk about a shared experience in a positive way
- I can use a knife to change the shape of wood safely.
- I have learned how to light a fire and how to keep myself and others safe around a fire

Resources Required:

- Outdoor clothes
- Waterproof shoes
- Packed Lunches

Resources Provided:

- Paper, pencils, clipboards.
- Den kits
- Tools.
- Safety equipment, including PPE
- Wood, sticks, fixings, other materials.
- Tarps, shelters and sitting matts.

Key language:

- Knots, exposure, team work, Debris, A-frame, teepee
- Safety, Cutting Edge, safety gloves, knife, flint and steel, fire triangle,

Prior Learning: No prior learning required.

Activity plans:

In The Hazel Tree Retreat:

- The group will be given their scenario, that they are stranded for a period of time on a remote island. They must survive until the rescue team arrives.
- The group will be encouraged to identify their own basic needs. They will be led to include water, food and shelter but will probably cover other things of their own ideas too.
- They will break into 2 smaller groups and head into the woods.

In the woods:

• The groups will head into the woods to build shelters. They will be encouraged to forage for their own resources but a bag of ropes, elastic bands, string and other 'helpful bits' will be taken along.

Lunch:

- Once the teams have built their shelters if the weather is appropriate, they will be encouraged to eat their lunch in
- If it's bad weather the groups can come together to eat in the studio.

The Hazel Tree Retreat:

- They will be brought back to the retreat to chat with the other groups and the team and make plans for the afternoon, including some tool talks for lighting fires and using carving knives, over warm drinks.
- · They will break into small groups and practice lighting their own fires, they will be able to whittle their own pointy sticks and use them to roast a marshmallow on their fires.